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## August 2023 MEAL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<ul> <li>AUG 14 - First Day of School</li> <li>Whole Grain Cereal</li> <li>Hard Boiled Egg w/ Muffin</li> <li>Chicken Caesar Wrap ⓒ</li> <li>Greek Chicken w/ Rice Pilaf ⓒ</li> <li>Pasta w/ Olive Oil &amp; Cheese ♥</li> <li>Sunbutter &amp; Jelly Sandwich ♥</li> <li>Granola Bar &amp; Juice</li> </ul>	15 <sup>●</sup> Egg & Cheese Burrito <sup>●</sup> Assorted Muffins <sup>●</sup> Chicken Salad w/ Pita <sup>●</sup> Bagel KIT <sup>●</sup> Pasta Primavera <sup>●</sup> Cheddar Goldfish & Juice	16 <sup>©</sup> Bagel w/ Cream Cheese <sup>©</sup> Whole Grain Cereal <sup>©</sup> Pesto Caprese Salad <i>♥</i> <sup>©</sup> Yogurt Berry Parfait & Muffin <i>♥</i> <sup>©</sup> Cheesy Breadsticks w/ Marinara <i>♥</i> <sup>©</sup> Vegan Fried Rice <i>♥</i> <sup>©</sup> Strawberry Chex Mix & Milk	17 S Yogurt w/ Grahams (V) Whole Grain Cereal Breaded Chicken Sandwich (C) Turkey & Cheddar on Hoagie (t) Mac & Cheese (V) Cinnamon Goldfish & Milk	18 S Cherry Frudel Whole Grain Cereal Chicken Caesar Salad © Pepperoni Pizza (P) Cheese Pizza (V) S Vanilla Grahams & Milk
21 (a) Assorted Scones (a) Whole Grain Cereal (b) CheeseBurger (b) (c) Turkey & Cheddar Sandwich (t) (c) Chicken Pesto Wrap (c) (c) Broccoli Cheddar Potato Bowl (v) (c) S Cinnamon Goldfish & String Cheese	22 3 Assorted Muffins 4 Whole Grain Cereal 4 Beef Hot Dog (b) 4 Turkey & Cheese on Dutch Crunch (t) 5 Bagel KIT (V) 4 Pasta w/ Marinara & Cheese (V) 5 Pretzel Goldfish & Juice	23 S Whole Grain Cereal Scrambled Eggs w/ Muffin Smoked Chicken Wrap © Spaghetti w/ Beef Sauce (b) Bean & Cheese Burrito (V) Mini Muffin w/ Apple	24 <sup>3</sup> French Toast Sticks <sup>9</sup> Apple Cinnamon Frudel <sup>0</sup> Chicken Nuggets w/ Rice Pilaf ⓒ <sup>1</sup> Chicken Caesar Wrap ⓒ <sup>1</sup> Cheese Ravioli w/ Marinara Sauce ⓒ <sup>3</sup> Blueberry Muffin	25 ③ Whole Grain Cereal ③ Sunbutter & Jelly Sandwich ④ Pepperoni Pizza ④ ④ Santa Fe Chicken Salad ⓒ ● Cheese Pizza √ ⑤ Grahams & String Cheese
28 Mini Pancake & Syrup Whole Grain Cereal Spicy Chicken Wrap © Chicken Burrito © Sunbutter & Jelly Sandwich V Vegan Fried Rice V Granola Bar & Juice	29 B Hard Boiled Egg w/ Muffin Whole Grain Cereal Chicken Corn Dog © Bagel KIT ♥ Vegan Black Bean Bowl ♥ Cheddar Goldfish & Juice	30 Maple Chicken Biscuit © Bagel w/ Cream Cheese V Sweet & Sour Chicken w/ Brown Rice © Breaded Chicken Wrap © Chicken Salad w. Roll © Cheesy Bean Dip w/ Chips V Strawberry Chex Mix & Milk	31 9 Yogurt w/ Grahams 9 Whole Grain Cereal 9 Chicken Parmesan on French Roll © 9 Breaded Chicken Salad © 9 Mac & Cheese V 9 Mini Muffins w/ Apple Slices	-WELCOME- BACK TO SCHOOL