


# SEPTEMBER 2023 Meal MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				01 B Blueberry Crumble B Assorted Cereal L Chicken Caesar Salad L Pepperoni Pizza (P) L Cheese Pizza (V) S Vanilla Grahams & Milk
04 - Labor Day 	05 B Sunbutter & Jelly Sandwich (V) B Assorted Cereal L Bagel Kit (V) L Cheese Ravioli w/ Marinara Sauce (V) L Vegan Bean Dip (V) S Animal Crackers & Juice	06 B Concha B Assorted Cereal L BBQ Chicken Sandwich (C) L Pasta X-Plasion (V) L Tomato Pasta Salad w/ Corn (V) L Vegan Tacos (V) S Mini Muffin & Apples	07 B Maple Chicken Biscuit B Assorted Muffins L Chicken Nuggets w/ Pasta (C) L Cheesy Breadsticks w/ Marinara (V) L Vegan Red Beans and Rice (V) S Cheddar Goldfish & Juice	08 B French Toast B Bagel w/ Cream Cheese (V) L BBQ Chicken Wrap (C) L Pepperoni Pizza (P) L Cheese Pizza (V) L Vegan Chickpeas Tikka Masla (V) S Cinnamon Goldfish & Milk
11 B Hard Boiled Egg w/ Muffin B Assorted Cereal L Chicken Caesar Wrap (C) L Hamburger (B) L Sunbutter & Jelly Sandwich (V) L Pasta w/ Olive Oil & Cheese (V) L Vegan Pinto Pozole w/ Tortilla Chips (V) S Granola Bar & Juice	12 B Assorted Muffins B Assorted Cereal L Chicken Parmesan w/ Pasta (C) L Chicken Salad on Hoagie (C) L Bagel Kit (V) L Vegan Spanish Rice w/ Beans (V) S Cheddar Goldfish w/ Juice	13 B Pancakes w/ Syrup B Bagel w/ Cream Cheese (V) L Pineapple Teriyaki Chicken w/ Rice (C) L Yogurt Berry Parfait w/ Muffin (V) L Pesto Caprese Salad (V) L Cheese Quesadilla (V) L Vegan Fried Rice (V) S Strawberry Chex Mix & Milk	14 B Yogurt w/ Grahams B Assorted Cereal L Breaded Chicken Sandwich (C) L Turkey & Cheddar on Hoagie (C) L Mac & Cheese (V) L Vegan Black Bean Burrito (V) S String Cheese & Apple	15 B Cherry Frudel B Assorted Cereal L Chicken Caesar Salad (C) L Pepperoni Pizza (P) L Cheese Pizza (V) L Vegan Bean Chili w/ Chips (V) S Vanilla Grahams w/ Milk
18 B Assorted Scones B Assorted Cereal L Greek Chicken & Rice Pilaf (C) L Chicken Pesto Wrap (C) L Turkey & Cheese Sandwich (T) L Vegan Tacos (V) S Cinnamon Goldfish & String Cheese	19 B Assorted Muffins B Assorted Cereal L Beef Hot Dog (B) L Turkey & Cheese on Dutch Crunch (T) L Bagel KIT (V) L Pasta w/ Marinara & Cheese (V) L Vegan Red Beans & Rice (V) S Honey Grahams & Milk	20 B Scrambled Eggs w/ Muffin B Assorted Cereal L Smoked Chicken Wrap (C) L Spaghetti w/ Beef Meat Sauce (B) L Bean & Cheese Burrito (V) L Vegan Chickpea Tikka Masala (V) S Mini Muffin & Apples	21 B French Toast B Apple Cinnamon Frudel L Chicken Nuggets w/ Rice Pilaf (C) L Chicken Caesar Wrap (C) L Tuna Sandwich L Cheese Ravioli w/ Marinara Sauce (V) L Vegan Pinto Pozole w/ Chips (V) S Blueberry Muffin & Apples	22 B Sunbutter & Jelly Sandwich (V) B Assorted Cereal L Santa Fe Chicken Salad (C) L Pepperoni Pizza (P) L Cheese Pizza (V) L Vegan Spanish Beans w/ Rice (V) S Animal Crackers & Juice
25 B Mini Pancakes w/ Syrup B Assorted Cereal L Spicy Chicken Sandwich (C) L Chicken Burrito (C) L Sunbutter & Jelly Sandwich (V) L Vegan Fried Rice (V) S Granola Bar & Juice	26 B Hard Boiled Eggs w/ Muffin B Assorted Cereal L Chicken Corn Dog (C) L Bagel KIT (V) L Vegan Black Bean Burrito (V) S Cheddar Goldfish	27 B Maple Chicken Biscuit (C) B Bagel w/ Cream Cheese (V) L Sesame Orange Chicken w/ Rice (C) L Breaded Chicken Sandwich (C) L Chicken Salad (C) L Cheesy Bean Dip (V) L Vegan Pinto Pozole w/ Chips (V) S Strawberry Chex Mix & Milk	28 B Yogurt w/ Grahams B Assorted Cereal L BBQ Chicken Quesadilla (C) L Breaded Chicken Salad (C) L Mac & Cheese (V) L Vegan Bean Chili w/ Chips (V) S Mini Muffin & Apples	29 B Concha B Assorted Cereal L Chicken Caesar Salad (C) L Pepperoni Pizza (P) L Cheese Pizza (V) L Vegan Tacos (V) S Vanilla Grahams w/ Milk

<ul style="list-style-type: none"> <li>B Breakfast</li> <li>L Lunch</li> <li>S Snacks</li> </ul>	<ul style="list-style-type: none"> <li>(b) Beef</li> <li>(C) Chicken</li> <li>(P) Pork</li> <li>(t) Turkey</li> <li>(V) Vegetarian</li> </ul>	<p><b>All lunches are served with fruits &amp; vegetables with a side of milk.</b>  <b>Due to limited vendor availability, all menu items are subject to change without notice.</b>  <b>Pricing:</b> Meals are FREE for ALL students in the 2022-2023 school year!  <b>Special Meal Accommodations:</b> the <a href="#">Medical Statement for Student with Special Nutrition Needs</a> must be completed by a physician and on file in the school office.  <b>General Info, Application, Special Diet Accommodations &amp; Contacts:</b>  <a href="https://aimsk12.org/nutrition">https://aimsk12.org/nutrition</a></p>
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