

NOVEMBER 2023 MEAL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
OCT 30 B Pancake Bites Bagel w/ Cream Cheese Beef & Broccoli Bowl b Chicken Fajita c Pasta X-Plosion v Sunbutter & Jelly Sandwich v Vegan Fried Rice Cinnamon Goldfish & String Cheese	OCT 31 ① Turkey Sausage on Bun ① ② Assorted Scones ③ Scary Jack's Meat Lover Pizza ① Calypos's Teriyaki Chicken Sushi Bowl ① Slimey's Parfait w/ Bluescary Muffin ② Morticia's Black Bean Burrito ② ② Vegan Bean Burrito Bowl ③ Pretzel Goldfish & Juice	NOV 01 All Staff PD No School for Students	• 02 • Maple Chicken Biscuit © • Assorted Muffins • Chicken Nuggets w/ Pasta © • Cheese Enchiladas • Vegan Chickpea Tikka Masala • Cheddar Golfish & Juice	03 3 French Toast Sticks 5 Sunbutter & Jelly Sandwich 6 BBQ Chicken Wrap © 7 Pepperoni Pizza © 9 Cheese Pizza © 1 Vegan Pinto Pozole w/ Chips 5 Sunflower Seeds & Juice
• O6 • Melted Cheese Bagel • • Assorted Cereal • Hamburger • • Chicken Fajita Wrap • • Pasta w/ Olive Oil & Cheese • • Vegan Spanish Beans w/ Rice • Granola Bar & Juice	• O7 • Egg & Cheese Burrito © • Assorted Muffins • Chicken Parmesan on French Roll © • Chicken Caesar Wrap © • Bagel KIT © • Bean & Cheese Burrito © • Vegan Fried Rice • Corn Muffin & Milk	08 B Pancakes w/ Syrup ♥ Bagel w/ Cream Cheese ♥ Beef Burrito ⓑ Pesto Caprece Salad ♥ Veggie Chow Mein ♥ Vegan Bean Burrito Bowl Strawberry Chex Mix & Milk	• 09 Breakfast Bowl w/ Biscuit ® Yogurt w/ Grahams © Breaded Chicken Sandwich © Turkey & Cheddar on a Hoagie © Penne Pasta w/ Marinara & Mozzarella © Vegan 3 Bean Chili w/ Chips Cinnamon Goldfish & Milk	10 Veterans Day School & Office Closed
13 3 Assorted Cereal 4 Greek Chicken w/ Rice Pilaf © 5 Turkey & Cheese Sandwich † 6 Broccoli Cheddar Potato Bowl © 7 Vegan Chickpea Tikka Masala 7 Cinnamon Goldfish & String Cheese	14 Sausage, Egg & Cheese Biscuit (P) Assorted Muffins Beef Hot Dog (b) Smoked Chicken Wrap (C) Bagel KIT (V) Veggie Fried Rice (V) Vegan Pinto Pozole w/ Chips Honey Grahams & Milk	15 B Bagel w/ Cream Cheese ♥ Assorted Cereal Wet Beef Burrito ৳ Turkey & Cheese on Dutch Crunch € Pasta Primavera ♥ Vegan Spanish Beans w/ Rice Chocolate Chip Mini Muffin & Apple	16 3 Maple Chicken Biscuit © 3 Apple Cinnamon Frudel 1 Chicken Nuggets w/ Rice Pilaf © 1 Chicken Caesar Wrap © 1 Tuna Sandwich 2 Cheese Ravioli w/ Marinara © 1 Vegan Fried Rice 3 Blueberry Muffin & Apple	17 S French Toast Sticks Assorted Cereal Pepperoni Pizza P Cheese Pizza V Vegan Bean Burrito Bowl Animal Crackers & Juice
20 Thanksgiving Break School Closed	21 Thanksgiving Break School Closed	22 Thanksgiving Break School & Office Closed	23 Thanksgiving Break School & Office Closed	24 Thanksgiving Break School & Office Closed
27 Teacher/Parent Conference No School for Students	28 ① Turkey Sausage on a Bun ① ② Breakfast Scones ② Beef Hot Dog ⑤ ② Turkey & Cheese on Dutch Crunch ① ③ Bagel KIT ⑦ ③ Black Bean & Veggie Burrito ③ Animal Crackers & Juice	29 Breakfast Burrito (P) Concha Chicken Enchiladas (C) Chicken Salad on a Hoagie (C) Tuna Wrap (T) Vegan Bean Chili w/ Chips Chocolate Chip Mini Muffin & Apple	30 3 Maple Chicken Biscuit Assorted Muffins Sesame Orange Chicken w/ Rice © Cheese Enchiladas V Southwest Veggie Taco Salad w/ Tortilla Chips V Vegan Tacos Cheddar Goldfish & Juice	

Breakfast

Lunch Snacks © Chicken Pork

b Beef

(t) Turkey v Vegetarian

All lunches are served with fruits & vegetables with a side of milk.

Due to limited vendor availability, all menu items are subject to change without notice.

Pricing: Meals are FREE for ALL students in the 2023-2024 school year!

Special Meal Accommodations: the Medical Statement for Student with Special Nutrition Needs must be completed by a physician and on file in the school office.

General Info, Application, Special Diet Accommodations & Contacts:

https://aimsk12.org/nutrition

School Calendar: http://calendar.aimsk12.org/