








# DECEMBER 2023 MEAL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				01 ⓑ French Toast ⓑ Assorted Cereal Ⓛ BBQ Chicken Wrap ⓐ Ⓛ Meat Lover's Pizza ⓐ Ⓛ Cheese Pizza Ⓛ Vegan Pinto Pozole Ⓢ Grahams w/ String Cheese
04 ⓑ Hard Boiled Egg w/ Muffin ⓑ Melted Cheese Bagel Ⓟ ⓑ Assorted Cereal Ⓛ Hamburger ⓑ Ⓛ Chicken Fajita Wrap ⓐ Ⓛ Pasta w/ Olive Oil & Cheese Ⓟ Ⓛ Sunbutter & Jelly Sandwich Ⓟ Ⓛ Vegan Spanish Beans & Rice Ⓢ Granola Bar & Juice	05 ⓑ Egg & Cheese Burrito Ⓟ ⓑ Assorted Muffins ⓑ Assorted Cereal Ⓛ Chicken Parmesan w/ Pasta ⓐ Ⓛ Bagel KIT Ⓟ Ⓛ Chicken Caesar Wrap ⓐ Ⓛ Bean & Cheese Burrito Ⓟ Ⓛ Vegan Fried Rice Ⓢ Corn Muffin & Milk	06 ⓑ Assorted Cereal ⓑ Bagel w/ Cream Cheese Ⓟ Ⓛ Pancakes w/ Syrup Ⓛ Beef Burrito ⓑ Ⓛ Veggie Chow Mein Ⓟ Ⓛ Pesto Caprece Salad Ⓟ Ⓛ Yogurt Berry Parfait & Muffin Ⓟ Ⓛ Vegan Bean Burrito Bowl Ⓢ Strawberry Chex Mix & Milk	07 ⓑ Assorted Cereal ⓑ Yogurt w/ Grahams Ⓟ ⓑ Breakfast Bowl w/ Biscuit ⓐ Ⓛ Breaded Chicken Sandwich ⓐ Ⓛ Turkey & Cheddar on Hoagie Ⓟ Ⓛ Egg Salad w/ Roll Ⓟ Ⓛ Penne Pasta w/ Marinara & Mozzarella Ⓟ Ⓛ Vegan 3 Bean Chili w/ Tortilla Chips Ⓢ Cinnamon Goldfish & Milk	08 ⓑ Denver Scramble Burrito ⓐ ⓑ Cherry Frudel ⓑ Assorted Cereal Ⓛ Chicken Caesar Salad ⓐ Ⓛ Meat Lover's Pizza ⓐ Ⓛ Cheese Pizza Ⓟ Ⓛ MYO Vegan Tacos Ⓢ Sunflower Seeds & Juice
11 ⓑ Pancake & Sausage Sandwich ⓐ ⓑ Assorted Cereal ⓑ Sunbutter & Jelly Sandwich Ⓟ Ⓛ Greek Chicken w/ Rice Pilaf ⓐ Ⓛ Chicken Pesto Wrap ⓐ Ⓛ Turkey & Cheddar Sandwich Ⓟ Ⓛ Broccoli Cheddar Potato Bowl Ⓟ Ⓛ Vegan Chickpea Tikka Masala Ⓢ Cinnamon Goldfish w/ String Cheese	12 ⓑ Sausage Egg & Cheese Biscuit ⓐ ⓑ Assorted Muffins ⓑ Assorted Cereal Ⓛ Beef Hot Dog ⓑ Ⓛ Turkey & Cheese on Dutch Crunch Ⓟ Ⓛ Bagel KIT Ⓟ Ⓛ Black Bean & Veggie Burrito Ⓟ Ⓛ Vegan Pinto Pozole Ⓢ Pretzel Goldfish & Juice	13 ⓑ Bagel w/ Cream Cheese Ⓟ ⓑ Scrambled Eggs w/ Muffin Ⓟ ⓑ Assorted Cereal Ⓛ Wet Beef Burrito ⓑ Ⓛ Smoked Chicken Wrap ⓐ Ⓛ Pasta Primavera Ⓟ Ⓛ Vegan Spanish Beans w/ Rice Ⓢ Mini Muffin & Apple Slices	14 ⓑ Apple Cinnamon Frudel ⓑ Chicken Patty Biscuit ⓐ ⓑ Assorted Cereal Ⓛ Chicken Nuggets w/ Rice Pilaf ⓐ Ⓛ Chicken Caesar Wrap ⓐ Ⓛ Tuna Sandwiches Ⓛ Cheese Ravioli Ⓟ Ⓛ Vegan Fried Rice Ⓢ Grahams w/ Yogurt	15 ⓑ French Toast Sticks ⓑ Yogurt Berry Parfait & Muffin Ⓟ ⓑ Assorted Cereal Ⓛ Asian Chicken Wrap ⓐ Ⓛ Santa Fe Chicken Salad ⓐ Ⓛ Meat Lover's Pizza ⓐ Ⓛ Cheese Pizza Ⓟ Ⓛ Vegan Bean Burrito Bowl Ⓢ Animal Crackers & Juice
18 ⓑ Pancakes w/ Syrup ⓑ Assorted Scones ⓑ Assorted Cereal Ⓛ Chicken Burrito ⓐ Ⓛ Spicy Chicken Wrap ⓐ Ⓛ Sunbutter & Jelly Sandwich Ⓟ Ⓛ Vegan Red Beans & Rice Ⓛ Vegan Chili & Tortilla Chips Ⓢ Granola Bar & Juice	19 ⓑ Breakfast Chilaquiles ⓐ ⓑ Mini Muffin & String Cheese ⓑ Assorted Cereal Ⓛ Chicken Corn Dog ⓐ Ⓛ Bagel KIT Ⓟ Ⓛ Minestrone Soup w/ Roll Ⓟ Ⓛ MYO Vegan Tacos Ⓢ Cheddar Goldfish & Juice	20 ⓑ Sausage Biscuit Sandwich ⓐ ⓑ Cheesy Cornbread Muffin ⓑ Assorted Cereal Ⓛ Teriyaki Chicken w/ Rice & Veggies ⓐ Ⓛ Breaded Chicken Wrap ⓐ Ⓛ Chicken Salad w/ Roll ⓐ Ⓛ Vegan Chickpea Tikka Masala Ⓢ Strawberry Chexmix & Milk	21 	22 
25 	26 	27 	28 	29 

- ⓑ Breakfast
- Ⓛ Lunch
- Ⓢ Snacks
- ⓑ Beef
- ⓐ Chicken
- ⓐ Pork
- Ⓟ Turkey
- Ⓟ Vegetarian

**All lunches are served with fruits & vegetables with a side of milk.**

**Due to limited vendor availability, all menu items are subject to change without notice.**

**Pricing:** Meals are FREE for ALL students in the 2023-2024 school year!

**Special Meal Accommodations:** the [Medical Statement for Student with Special Nutrition Needs](#) must be completed by a physician and on file in the school office.

**General Info, Application, Special Diet Accommodations & Contacts:**

<https://aimsk12.org/nutrition>